

Clinical Psychology Practicum Psychology 594 Spring 2009

Time: Tuesdays 3:00 – 4:30

Place: SB 104

Instructor: Richard Ogle, Ph.D., SBS 110E

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Course Description

The Clinical Psychology Practicum consists of three components: a seminar, supervision, and a clinical placement. The objective of the practicum placement is to expose you to clinical practice while the seminar and supervision provide content, oversight and support.

You will be required to be on site at your placements for 10 hours/week. Most of your time there will be spent observing and shadowing clinicians. Once you have adjusted to the placement, you will become involved in elementary clinical work (intakes, testing, etc.). In some circumstances, you will be able to begin working with clients in a more involved manner. This can only be done with “intense on-site supervision.”

The seminar portion of this course is designed to deliver additional content that is practically based. Specifically, we will cover aspects of pharmacology as well as practice in Acceptance and Commitment Therapy and other cognitive behavioral interventions. The content will be delivered through discussion, video and role-play.

The supervision component is designed to provide support and oversight to your placement. You will meet and hour a week with a supervisor who will help you integrate your practicum experience with what you have learned up until now.

Grades

Your grade will be based on participation and a final exam. The final exam will be a written assignment where you take a client with who you have worked over the course of the semester and conceptualize and write a treatment plan from an ACT perspective. As long as you do the readings you will do well.

Texts

Greenberger, D. & Padesky, C. (1995). Mind over mood: Change the way you feel by changing the way you think. New York: Guilford.

Luoma, J.B., Hayes, S.C., & Walser, R.D. (2007). *Learning ACT: An acceptance and commitment therapy skills-training manual for therapists*. Oakland, CA: New Harbinger Publishers, INC.

Preston, J.D, O’Neal, J.H., & Talaga, M.C. (2008). Handbook of clinical psychopharmacology, 5th Edition. Oakland, CA: New Harbinger Publishers, Inc.

Schedule

January

- 13 Introduction: Administration and Logistics
- 20 Review of Psychopharmacology (POT 1-5)
- 27 Drugs for Mood Disorders (POT 6, 7, 15, 16)

February

- 3 Drugs for Anxiety Disorders & Psychotic Disorders (POT 8, 9, 10, 11, 17, 18)
- 10 Talking to Clients about Medications
- 17 The Six Core Processes of Acceptance and Commitment Therapy (ACT 1)
- 24 Developing Willingness and Acceptance (ACT 2)

March

- 3 Undermining Cognitive Fusion & Contacting the Present Moment (ACT 3 & 4)
- 10 **Spring Break: No Class**
- 17 Conceptualized Self vs. Self as Context (ACT 5)
- 24 Defining Valued Directions & Patterns of Committed Action (ACT 6 & 7)
- 31 ACT Case Conceptualization (ACT 8)

April

- 7 Therapeutic Stance and Putting it All Together (ACT 9 & 10)
- 14 Putting Practicum All Together
- 21 Presentation on Practicum Experience

May

- 5 Final Exam is Due at 6:00pm.