

Behavioral Medicine
Final
Review

Chapter 9

Structure and function of CV system (everything about it)
Measurement of CV system
The details of atherosclerosis
Details of a heart attack
Types of stroke
Role of hypertension as a risk factor
Know all you can about the inherent and behavioral risk factors especially
Type A/hostility/anger
Medical and psychosocial treatments of CV disease

Chapter 10

What is cancer?
Difference between benign malignant and metastatic
Types of cancers
Change in death rates over times
Which cancers lead to the most deaths?
Which cancer is the most prevalent?
Know everything you can about behavioral risk factors.
Which are the biggest risk factors?
How are psychological factors related to cancer?
What predicts survival?
Pay attention to the specific studies we talked about in class that are on the slides (e.g. Palesh...)

Chapter 11

Difference between acute and chronic illness
Examples of each
Crisis Theory (in detail)
Diabetes (Everything in the book and notes)
HIV/AIDS ((Everything in the book and notes – The closetedness study...)
Alzheimer's Disease (Symptoms and Caregiver issues). **The Mills et. al (2004) study.**
Pay special attention to the role of the health psychologist for each of the above three disorders