

Some of the Things That Make or Break Me....

Things That I Enjoy:

- Friends & Family
- College basketball
- Going to the fair!
- Eating junk food
- Dill pickles & lots of salt!
- Anything Italian
- Jack Daniels
- McDonald's French fries
- The Beach!
- CAROLINA!
- Shopping online
- Chinchillas
- Interior decorating
- Fuzzy socks
- \$1 burritos from Harris Teeter

Things That Drive Me CRAZY:

- People that interrupt conversations
- Girls that wear ski boots with skirts
- Losing my planner
- Candles with no smell
- Rough toilet paper
- Popped collars
- Clear liquor
- Losing my cell phone
- Not being organized
- People with no responsibility
- Not having internet
- Working doubles
- Locking my keys in my car
- Squeaky dog toys
- Being overloaded with schoolwork



Pictures taken from Google Images

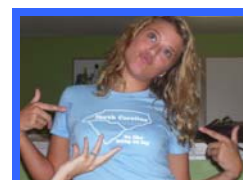
Cameron Executive Network

Being a member of the Cameron Executive network is very rewarding. I have a lot of networking opportunities and gain insightful career information from retired executives. Right now I have a mentor. His name is Ed Bill and he is from Pennsylvania. He has been retired for a few years from a sales position in the steel business. He is a huge help!

Ed and I meet every two weeks. We usually pick a place and have lunch, then we go over everything. We are currently working on my resume and doing mock interviews. He is very insightful and a huge help. I am glad that I became involved in CEN because I am learning many things that will be a lot of benefit to me in the future!



And That's All...Hope You Enjoyed!



A Look Into the Life of Heather Livengood

A Little Bit About Myself...

My name is Heather Noell Livengood. I am 20 years old and was born in Thomasville, North Carolina. The town of Thomasville is located between High Point and Greensboro and there isn't a lot that ever really goes on there. My mother, Lynn, and father, Tony, grew up in Chapel Hill and met in high school. They were married right after they graduated and I followed a few years later. I have a brother who is four years younger than me. His name is Justin. He plays baseball, and has done so since he was five years old. I have a pretty large family; my mother has 3 brothers and one sister, who, combined

have about 15 children. My father has only one brother, who has one child. So, needless to say, holidays at our home are always a chaotic event!

I am currently a junior in the Cameron School of Business at UNCW. I am studying marketing and finance while also obtaining my certification in professional writing. My ideal career would be working in the marketing department for the NFL. I am a die-hard Carolina Tarheels fan and I will argue until I am blue in the face that they are the best basketball team....EVER! Hopefully, after reading this newsletter you

will have a significant insight into my life! Enjoy!



Upcoming Events in My Life....

- Flag Football Game 10.19.06 8:30 pm
- PSE Beer Pong Tournament @ Blue Monkey 10.20.06
- Beer Festival 10.21.06
- Going to State Fair 10.21.06
- HALLOWEEN in Chapel Hill 10.31.06
- Roommates 21st Birthday!!! 11.4.06

Pi Sigma Epsilon-Marketing Fraternity

This semester I really kicked things into gear and tried to get as involved as possible. I recently joined Pi Sigma Epsilon, a co-ed business fraternity specifically for students majoring in marketing and sales. I am still considered a "new member" and haven't

yet been formally initiated. Due to this, I have been very busy with community service work and other various activities around the community. Right now, we are putting together our annual PSE New Member Pig Pickin'. It will be held on November

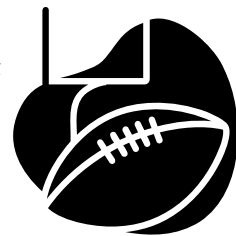
5th at Hugh McRae park. We are arranging to have a large projector set up to watch the Sunday football games. It is sure to be a good time! We will be selling tickets next week and anyone is invited. Hope to see you there!



Doz Boyz & Girlz—Co-ed Flag Football

A few weeks ago, the intramurals flag football season began. I was lucky enough to be able to play this year, and on a great team at that! We have four girls and six guys. Since we have such a small number of girls, we have to play the ENTIRE game! It gets tiring, but it is so much fun!!! My roommate Lindsay and I are both playing together, which is a lot of fun! We are nicknamed "Shake & Bake", which is on the backs of our jerseys. We even have our own play named after us! I play corner on defense, which is my favorite position. Last week, I "accidentally" tackled a girl. It was all in

fun though. When I step out onto the field, I feel like a whole different person; I get MEAN! Our next game is Thursday October 19th and I believe we will be playing one of the better teams in the league. Hopefully, our team will be able to pull out another victory! Come on out and cheer us on!

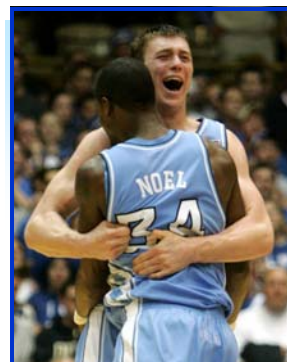


View of the back of my jersey

Rah Rah Carolina-lina... Tarheels #1 Fan!

Ever since I was a young girl, I have been a fan of the Carolina Tarheels. My parents used to take me to football games dressed in my own cheerleading uniform. I also have numerous pictures with the mascot, Rameses. I was only able to go to one basketball game last year, because I was a member of the UNCW dance team. But I was able to squeeze in one game, Arizona @ UNC. They won and it was so much fun to be there! It was awesome to be back in the Dean Dome! I believe that Chapel Hill may be

the closest thing to heaven on earth! One day, I would love to be able to attend grad school at Carolina and get my MBA. I am so excited for this year's new team. We are going to be very young, but very talented. Hopefully, we will be tucking another national championship under our belt next April!



Tyler Hansbrough hugs senior David Noel after defeating Duke at home, March 4th 2006.

Photo courtesy of Tarheelblue.com

New Additions to the Family...Meet Stella!

About a month ago, I adopted a puppy from the Columbus County Humane Society. She is a fox terrier mix and I named her Stella. She has a brown body, white paws and a black tail. She is really a handful! She loves to play (and drive me crazy) with her squeaky toy hippo and play with Lindsay's dog, Annie. Annie is a nine year old white maltese that has lived with us for about a year now. She loves to cuddle and loves to be lazy. She used to be a fluff-ball, but we took

her to get groomed a few weeks ago and she got a major haircut! But now that Stella is in the house, it is all we can do to keep them from fighting 24/7! I really do think they enjoy each other's company, but what else can you expect? Sometimes, me Lindsay and I like to dress them up for the fun of it. Annie is wearing her dress in the picture! These two puppies are the loves of my life!



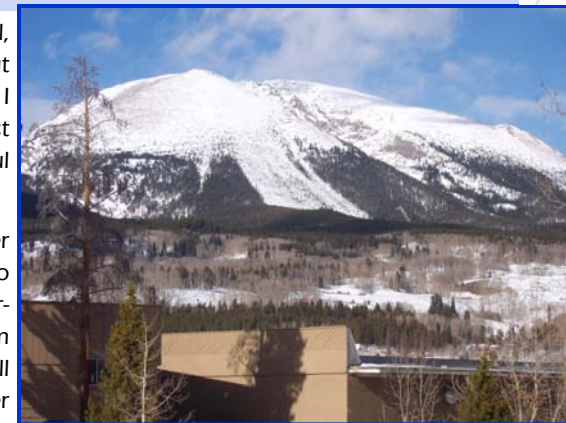
Places I've Been and Places I'd Like to Go...

As much as I hate to say it, I really haven't had the opportunity to travel as much as I would like to. For the first ten years of my life, I don't think I went past Myrtle Beach, SC. We have had our occasional family visits to Orlando, FL and Houston, TX, but a few years ago I went on an awesome vacation!

Over Christmas break 2004, I was able to go to Breckenridge, Colorado with my boyfriend's family. We left the day after Christmas and stayed through New Year's. It was so much fun! We stayed in a cabin that overlooked the mountains on all sides. We went skiing at all the

popular resorts: Breckenridge, Vail, Copper Mountain. The view out west is absolutely breathtaking! I wouldn't mind moving out west one day. It was really peaceful and laid back, just what I like!

One day, I hope to travel all over Europe and Australia. I would also like to go to South America, particularly Chile and Argentina! I am hoping that whatever career I fall into will allow me to travel all over the world and expand my horizons!



Here is a view from our back porch in Colorado!

Friends Are The Bacon Bits In The Salad Bowl of Life....

My friends are the most important people in my life. I have lost and gained many friends over the years, but the ones I have ended up with are the absolute best! My roommate, Lindsay, could be quite possibly the coolest girl of life. She is just like me in so many ways. We are both very outgoing, funny and love to meet new people. We have lived together since our freshman year and plan to get a beach house together next year. Here is a picture of the two of us!



Lindsay and I share the same group of girl friends. They are all some of the funniest people I have ever met in my life. We all were fortunate enough to meet our freshman year; we all lived together.

We shared an 8-person suite, so we spent a lot of time with each other. This picture was taken over the summer last year, at one of our many cookouts!



For fun, we usually hang out down by the beach. On the weekends, you will usually find us at 22 North or Lagerheads. Our favorite hang out is Fox & Hound. We end up there about three nights a week.

For Spring Break this year, my friends and I are planning a trip to California. We are going to travel all across the state, or at least as much as possible. We are all die-hard Laguna Beach fans, so that is the first place on our list! I can't wait! I'm sure it will be a trip to remember!

"A friend is one who knows us, but loves us anyways."

-Jerome Cummings

"Truly great friends are hard to find, difficult to leave, and impossible to forget."

G. Randolph

"A real friend is one who walks in when the rest of the world walks away"

Walter Winchell