The Reflection Cycle

1. SELECT
On what evidence (lesson, student, or event) are you reflecting?

5. TRANSFORM
What would you do differently?
Why?
How would this change be better?
What have you learned?

The Reflective Practitioner

2. DESCRIBE
Who?
What?
When?
Where?

4. APPRAISE
What was the effectiveness?
What was the impact?
How did this relate to your goals?
What was the value of the unit/activity?

3. ANALYZE
Why did you do this?
Where does it fit in?
How did you do this?
Why did you use these particular instructional practices?