Ch. 1
- What is wellness?
- Wellness Continuum
- Chronic vs. Communicable diseases
- Public Health achievements in 20th Century
- Target behavior
- Locus of control

Ch. 5
- Sexuality
- Sexual anatomy, male and female
- Sexual maturation, male and female
- Sexual dysfunctions
- Gender identity
- Sexuality throughout the life cycle
- Responsible sexual behavior

Ch. 6
- Contraception
- Contraceptive choices – pro’s and con’s, risk involved
- Emergency contraception
- Issues in contraception

Ch. 7
- Definitions of abortion (technical/strict definition, and definition most commonly used)
- Roe v Wade
- Moral considerations (pro-life/pro-choice)
- Abortion methods (definitions, which is most common, restrictions associated with each)
- Complications

Ch. 8
- Pre-conception care
- Process of conception
- Infertility, male and female
- Changes in woman’s body during pregnancy (know trimesters)
- Health care during pregnancy
- Stages of labor and delivery

Ch. 17
- Chain of infection
- Body’s natural defense system
• Immune system functions, how to keep it healthy
• Types of pathogens (bacteria, viruses, etc) and how to treat them
• Methods of preventing transmission of pathogens

IF WE HAVE CLASS ON THURSDAY SEPTEMBER 18, TEST 1 WILL COVER CHAPTER 18 ON SEXUALLY TRANSMITTED DISEASES. IF WE DO NOT HAVE CLASS DUE TO THE HURRICANE, TEST 1 WILL ONLY COVER THROUGH CHAPTER 17 ON IMMUNITY AND INFECTION.

Ch. 18
• HIV and AIDS
• STDs – prevention, symptoms, treatment, and effects
• Preventing infection and transmission of STDs
• Local (county and state) statistics on STDs