Certified athletic trainers should demonstrate a high level of professional skill, values, and behaviors. Consequently, athletic training students (ATS) are expected to develop and demonstrate skills, attitudes, and behaviors with those in the profession. This performance evaluation is intended to help the ATS recognize his or her strengths and areas of concern in their clinical skill, decision making, and professional behavior.

**Instructions:**
Frequency: Approved Clinical Instructors will evaluate the ATS two times during the semester. The first evaluation is intended to provide the ATS with appropriate feedback for improvement. The final evaluation will be used to determine the course grade.

Grading: Students must be evaluated on every skill and ability listed below on the final evaluation. If the opportunity has not occurred for the student to perform the skill identified, then the ACI should use hypothetical scenarios to assess the student’s performance. In order to pass the course with a grade of C or better, all areas evaluated below must be rated as “3” or better. Students must average above a “3.7” in all competencies to be awarded a “B”. Students must average above a “4.4” in all competencies and receive nothing lower than a “4” to be awarded an “A”.

Reporting Procedures: After completing the evaluation, the ACI will discuss the evaluation with the ATS at a scheduled meeting. Both the ATS and ACI will sign and date the evaluation form. A copy of the evaluation form should be given to the student for his/her portfolio, and the original form will be kept in the student’s academic folder.

**Part I: Clinical Skills**

**Rating Scale:**
5 = Confident and highly competent in demonstrating and verbalizing
4 = Acceptable level of competence in demonstrating and verbalizing
3 = Minimal competence in demonstrating and verbalizing
2 = Tentative/less than competent in demonstrating and verbalizing
1 = No competence or unable to perform
0 = Not able to evaluate during rotation

**Risk Management and Injury Prevention**

- 1. Able to perform a preparticipation physical examination, which includes: height, weight, blood pressure, pulse and assessment of vision using a Snellen eye chart
- 2. Collects environmental data using a sling psychrometer and wet globe index
3. Interprets and presents environmental data for the following conditions heat, wind, humidity, potential for lightning strike, cold, poor air quality
4. Appropriately identifies physical and/or environmental hazards that may exist at the clinical site
5. Accurately records and interprets weight charts
6. Selects and fits protective helmet and headgear
7. Selects and fits protective shoulder pads
8. Selects and fits footwear for physical activity
9. Selects and fits a mouth guard
10. Selects and fits a rib brace/guard
11. Selects and fits a prophylactic ankle brace and demonstrates procedure to patient
12. Selects and fits a prophylactic knee brace
13. Able to construct, apply, and remove a bony prominence pad
14. Able to construct, apply, and remove a muscle contusion pad
15. Able to construct, apply, and remove a soft playing cast (e.g., silicone, thermoskin)
16. Able to construct, apply, and remove a hard, immobilization splint or cast (e.g., thermoplastic, plaster, fiberglass)
17. Able to construct, apply, and remove a friction pad ("doughnut" pad)
18. Able to construct, apply, and remove a checkrein device
19. Demonstrates the ability to tape, splint, wrap, pad or brace the cervical spine to limit ROM
20. Demonstrates the ability to tape, splint, wrap, pad or brace the lumbar spine to limit ROM
21. Demonstrates the ability to tape, splint, wrap, pad or brace the shoulder girdle to limit ROM
22. Demonstrates the ability to tape, splint, wrap, pad or brace the elbow to limit ROM
23. Demonstrates the ability to tape, splint, wrap, pad or brace the wrist to limit ROM
24. Demonstrates the ability to tape, splint, wrap, pad or brace the hand and fingers to limit ROM
25. Demonstrates the ability to tape, splint, wrap, pad or brace the hip and pelvis to limit ROM
26. Demonstrates the ability to tape, splint, wrap, pad or brace the knee to limit ROM
27. Demonstrates the ability to tape, splint, wrap, pad or brace the leg to limit ROM
28. Demonstrates the ability to tape, splint, wrap, pad or brace the ankle to limit ROM
29. Demonstrates the ability to tape, splint, wrap, pad or brace the foot and toes to limit ROM

Acute Care of Injuries and Illnesses

1. Implements an EAP for an activity, setting, or event.
2. Can effectively triage and delegate responsibility in an emergency situation.
3. Manages open and closed wounds using universal precautions and the appropriate cleaning techniques and dressings.
4. Applies the RICE principle in the appropriate setting
5. Demonstrates the ability to splint a sprain, strain, fracture, subluxation, and dislocation
6. Evaluates and appropriately manages heat injuries
7. Evaluates and appropriately manages cold injuries
8. Proficient in establishing and managing an airway in an individual with or without protective headgear
9. Proficient in performance of CPR on an adult or child with or without a spinal injury using a protective pocket mask/shield and provides appropriate life support
10. Demonstrates proficiency is using a bag-valve-mask (BVM) on an adult or child for rescue breathing
11. Able to assist in stabilizing and transporting an adult or child with a head and/or spinal injury
12. Able to stabilize and transport an adult or child with a fracture and/or dislocation
13. Able to select, fit, and instruct the patient in the use of crutches and a cane
14. Able to transport an injured adult or child using a manual conveyance technique on land or in the water
General Medical Conditions and Disabilities

_____ 1. Accurately obtains a body temperature using a variety of techniques
_____ 2. Assesses respirations, indicating rate and quality

Therapeutic Modalities

_____ 1. Demonstrates the ability to prepare and apply cryotherapy techniques
_____ 2. Demonstrates the ability to prepare and apply thermotherapy techniques
_____ 3. Demonstrates the ability to prepare and apply hydrotherapy techniques
_____ 4. Demonstrates the ability to prepare and apply electrotherapy techniques
_____ 5. Demonstrates the ability to prepare and apply ultrasound therapy techniques

Comments on Clinical Skills and Abilities:
________________________________________________________________________________________
________________________________________________________________________________________

Part II: Affective Domain Characteristics

Rating Scale:
5 = Always
4 = Almost Always
3 = Fairly Often
2 = Occasionally
1 = Never

Risk Management and Injury Prevention

_____ 1. Appreciates and respects the role of athletic personnel and supervisors in injury and illness prevention programs.
_____ 2. Accepts and respects the established guidelines for scheduling physical activity to prevent exposure to unsafe environmental conditions.
_____ 3. Appreciates the importance of the body's thermoregulatory mechanisms for acclimation and conditioning, fluid and electrolyte replacements, proper practice and competition attire, and weight loss.
_____ 4. Values the importance of collecting data on temperature, humidity, and other environmental conditions that can affect the human body when exercising in adverse weather conditions.
_____ 5. Understands the values and benefits of correctly selecting and using prophylactic taping and wrapping or prophylactic padding.
_____ 6. Appreciates and respects the importance of correct and appropriate fitting in the use of protective equipment.

Pathology of Injuries and Illnesses

_____ 1. Appreciates that an understanding of pathology is essential to care for athletes and others involved in physical activity.

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Adapted from: Duquesne University Department of Athletic Training; Advanced Clinical Practicum Formal Evaluation, 2001.
Assessment and Evaluation

_____ 1. Recognizes the initial clinical evaluation by the certified athletic trainer as an assessment and screening procedure, rather than as a diagnostic procedure.
_____ 2. Accepts the professional, ethical, and legal parameters that define the proper role of the certified athletic trainer in the evaluation and appropriate medical referral of injuries and illnesses of athletes and others involved in physical activity.

Acute care of injuries and illnesses

_____ 1. Appreciates the legal, moral, and ethical parameters that define the scope of first aid and emergency care, and values the proper role of the certified athletic trainer in providing this care.
_____ 2. Appreciates the roles and responsibilities of various community-based emergency care personnel (paramedics, emergency medical technicians, emergency room personnel).
_____ 3. Appreciates the role and function of various medical/paramedical specialties, and values their respective areas of expertise in the definitive treatment of acute injuries and illnesses.
_____ 4. Values the importance of certification in first aid and emergency care and cardiopulmonary resuscitation.
_____ 5. Appreciates the systematic approach to acute injury or illness of the secondary survey components of obtaining a history, inspection/observation, palpation, and using special tests.
_____ 6. Realizes the importance of identifying signs and symptoms in cases of possible shock, internal bleeding, and closed-head trauma.
_____ 7. Advocates the principles of proper splinting techniques to prevent further injury.
_____ 8. Appreciates the construction of various splinting devices and the appropriate uses for each.
_____ 9. Appreciates state laws, rules, and regulations governing the application of immobilization devices
_____ 10. Values the proper positioning and securing of a person with a suspected spinal injury onto a spine board or body splint, including preparatory positioning prior to placement of the spine board or body splint, as critical for prevention of further trauma.
_____ 11. Appreciates the need for leadership and teamwork when using a spine board or body splint.
_____ 12. Respects short-distance transportation techniques as a crucial means of moving an injured person.
_____ 13. Supports the application of cryotherapy, elevation, and compression as primary care for a non-threatening injury.
_____ 14. Accepts the approved aseptic and sterile methods for cleaning, treating, and bandaging wounds and for disposing of biohazardous waste.
_____ 15. Empathizes with individuals facing the daily challenges of using ambulatory aids.

Psychosocial intervention and referral

_____ 1. Recognizes the certified athletic trainer's role as a liaison between the physically active, athletic personnel, health care professionals, parents/guardians, and the public.
_____ 2. Recognizes athletes and other physically individuals as deserving of quality professional health care.
_____ 3. Accepts the individual's physical complaint(s) without personal bias or prejudice.
_____ 4. Respects the various social and cultural attitudes, beliefs, and values regarding health care practices when caring for patients.
Health Care Administration

_____ 1. Appreciates the roles and responsibilities of medical and allied health care providers, and respects the systems that each provider works within.

_____ 2. Appreciates the roles and functions of various medical and paramedical specialties as well as their respective areas of expertise in the acute care of injuries and illnesses to athletes and others involved in physical activity.

_____ 3. Values the need for sideline emergency care supplies and equipment as deemed necessary for all athletic training settings.

_____ 4. Appreciates the importance of an emergency action plan that is tailored for a specific venue or setting.

_____ 5. Accepts the professional, ethical, and legal parameters that define the proper role of the certified athletic trainer in the administration and implementation of health care delivery systems.

Professional Development and Responsibilities

_____ 1. Respects the role and responsibilities of the other health care professions.

Comments on Affective Domain Characteristics:

________________________________________________________________________________________
________________________________________________________________________________________

Part III: Personal Attributes

Rating Scale:

5 = Always  4 = Almost Always  3 = Fairly Often  2 = Occasionally  1 = Never

_____ 1. Demonstrates dependability when given tasks and assignments from clinical staff

_____ 2. Exhibits a professional demeanor when interacting with peers, patients, and staff

_____ 3. Displays an appropriate appearance and follows the dress code for all activities

_____ 4. Demonstrates initiative and ability to discover work/learning opportunities without prompting

_____ 5. Arrives to the clinical environment on time and adequately prepared for learning and performance

_____ 6. Exhibits a commitment to cooperation with peers and staff

_____ 7. Shows organization in thoughts, and written documentation/records

_____ 8. Displays emotional maturity

_____ 9. Demonstrates confidence in decision-making and when communicating with patients and staff

_____ 10. Communicates effectively with patients and staff

_____ 11. Demonstrates an awareness and is responsive to patients’ needs

_____ 12. Expresses an understanding of instructor feedback

_____ 13. Demonstrates the ability to implement constructive criticism

_____ 14. Puts forth all effort to gain valuable clinical experience
OVERALL COMMENTS FOR PERFORMANCE EVALUATION

Areas of Strength:

__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________

Areas for Concern:

__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
_______________________________________________________________________________

Athletic Training Student’s Signature      Date

ACI’s Signature                          Date