

## Internalizing and Externalizing Behavior Disorders

Directions: Make 3 Columns, titled Externalizing, Internalizing and Both. Then categorize all of the disorders listed below.

The disorders are:

- **Anxiety disorder**
  - Separation anxiety
  - Generalized anxiety disorder
  - Phobia
  - Panic disorder
  - Obsessive-compulsive disorder
  - Post-traumatic stress disorder
- **Mood disorder**
  - Depression
  - Suicide
  - Bi-polar
- **Oppositional defiant disorder**
- **Conduct disorder**
- **Schizophrenia**

Characteristics of Externalizing and Internalizing Behaviors are:

- **Externalizing behaviors**
  - Aggression,
  - Acting out
  - Noncompliant behaviors
- **Internalizing behaviors**
  - Withdrawal
  - Depression
  - Anxiety
  - Obsessions
  - Compulsions
- **Can occur simultaneously**