

## Reflection Prompts

Prompts for reflection should be designed to aid students to consider how the applied learning project, task, or research activity that they complete relates to current learning and prepares them for future endeavors. Below are some questions that can be used to help students write substantive reflections.

1. Prior learning
  - a. What methods, theories, ideas, and skills that you learned or used in class/current curriculum/other experience were useful in completing this project/task/research?
  - b. What experiences or preparation gleaned from this class/curriculum/other experience best prepared you for completing this project/task/research?
  - c. What skills or knowledge that you gleaned from previous experiences or other contexts were useful in completing this project/task/research?
2. Present experience
  - a. What are two of the most significant things you did during the experience? Through those actions, how did you contribute to the success of the project/task/scholarly community/discipline?
  - b. In what ways did you experience difficulties (e.g., interacting with others, accomplishing tasks) and what personal characteristics contributed to the difficulties (e.g., skills, abilities, perspectives, attitudes, tendencies, knowledge)? (Ash & Clayton, 2009)
  - c. What assumptions or conceptions (about yourself, others, or how things work) were confirmed or contradicted by the experience?
  - d. What did you learn about the subject matter/discipline/research area that you had not known prior to having completed this project/task/research?
  - e. If you could do the project/task/research again, what might you do differently to achieve improved results?
3. Your future
  - a. What could be the implications of what you learned from this experience for your future work/research/career?
  - b. What skills, knowledge, or experience did you wish you had prior to attempting this project/task/research that would have aided you to get more from the experience and/or achieve a better outcome?
  - c. How well did the activities focused on in this experience mesh with your learning style?
  - d. How will having participated in this experience change how you approach projects/tasks/research in the future?