

## VITAE

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### Education

<u>Institution</u>	<u>Concentration</u>	<u>Years</u>	<u>Degree</u>
Univ. of Calif. Los Angeles, Neuropsychiatric Institute	Clinical Psychology	1987-1990	Postdoctoral Scholar
UNC Chapel Hill	(Clinical) Psychology	1983-1987	Ph.D.
Univ. of Calif. at Santa Cruz	Psychology	1978-1982	B.A.
University of Sussex, England	Psychology	1980-1981	Study Abroad Program

### Professional History

<u>Position/Rank</u>	<u>Institution</u>	<u>Dates</u>
Associate Professor of Psychology	University of North Carolina, Wilmington	1990 to present
Rehabilitation Consultant	UCLA - Psychiatric Rehabilitation Consultants	1987 to present
Postdoctoral Scholar	UCLA Neuropsychiatric Institute	1987-1990
Adjunct Faculty	Antioch University Graduate School	1989
Psychology Intern	Camarillo State Hospital/ UCLA Center for Research in Schizophrenia and Psycho- social Rehabilitation	1986-1987

Instructor	UNC-Chapel Hill	1985-1986
Psychology Extern	Veteran=s Administration Medical Center, Newington CT	1985-1986
Psychology Extern	Orange County Schools, Hillsborough, NC	1984-1985
Psychology Extern	John Umstead State Hospital Butner, NC	1983-1984
Research Assistant	Bank Street College of Education, NY	1982-1983
Research Assistant	Clark University Worcester, MA	1981

### **Membership in professional societies**

American Psychological Association  
North Carolina Psychological Association  
Cape Fear Area Psychological Association  
California Forensic Mental Health Association  
Alliance for the Mentally Ill  
Association for the Advancement of Behavior Therapy

### **Licenses**

Licensed Clinical Psychologist, California # PSY 11348  
Licensed Psychologist, North Carolina # 1605

### **Grants and Fellowships**

Project Director, AAdoption of Innovations in Mental Health@. Grant from California Department of Mental Health. \$500,000 1987-1990.

Cahill Grant, ASkills Training for Mentally Retarded Offenders@ \$2000 1992.

### **Publications**

#### **Books**

MacKain, S. and Cutting, R. (1995). The Community Re-Entry Program: A Rehabilitation Module. Trainer=s Manual, Participant Workbook, Videocassette. Psychiatric Rehabilitation Consultants/UCLA Clinical Research Center for Schizophrenia and Psychiatric Rehabilitation.

### **Book Chapters**

MacKain, S.J., Liberman, R.P., and Corrigan, P. (1994). Can coping and competence balance stress and vulnerability in schizophrenia? In R.P. Liberman (Ed.), Stress in Psychiatry. American Psychiatric Press.

Corrigan, P., MacKain S.J. and Liberman, R.P. (1993). Skills Training Modules: A Strategy for Dissemination and Utilization of Rehabilitation Innovation. In J. Rothman (Ed.), Intervention Research: Creating Effective Methods for Professional Practice. University of Chicago Press.

Glynn, S. and MacKain, S.J. (1992) Training Life Skills. In D. Kavanaugh (Ed.) Schizophrenia: An Overview and Practical handbook. Singular Publishing Group.

MacKain, S.J. and Wallace, C.J. (1989) The Adoption of Innovations in Mental Health. California State Department of Mental Health. UCLA Clinical Research Center.

### **Articles in Refereed Journals**

MacKain, S.J., Smith, T., Koppelowicz, A. & Wallace, C. (1998). Evaluation of a Community Re-Entry Program. International Review of Psychiatry, 10, 76-83.

Smith, T., Hull, J., MacKain, S. et. al. (1996). Training hospitalized patients with schizophrenia in community re-integration skills. Psychiatric Services, 47,(10), 1099-1103.

Wallace, C.J., Liberman, R.P., MacKain, S.J. (1992). The Effectiveness and replicability of modules to train social and instrumental skills. American Journal of Psychiatry, 149(5), 654-658.

MacKain, S.J. and Streveler, A. (1990). Social and Independent Living Skills for Psychiatric Patients in a Prison Setting: Innovations and Challenges, Behavior Modification, 14(4), 490-518.

### **Articles in Non-Refereed Journals**

Liberman, Wallace, C. Blackwell, G & MacKain, S. (1992). Training social and independent living skills: Applications & impact in chronic schizophrenia. Annual Series of European Research in Behavior Therapy, 65-86. Swets & Zeitlinger, Amsterdam.

### **Assessments**

MacKain, S.J. & Wallace, C. (1995). Test of Knowledge & Skills related to Community Re-Entry. Psychiatric Rehabilitation Consultants.

### **Conference Presentations**

Tedeschi, R., MacKain, S.J., Durham, T. et al. (July 2000). Graduates of UNC-System masters degree programs in clinical psychology: Current and future employment prospects. Paper presented at Annual Meeting of Council of Applied Masters Programs in Psychology, Florence, SC.

MacKain, S.J. (October 1998). Fifty years of treating people with a severe, persistent mental disorder. Fiftieth Annual Conference for the North Carolina Psychological Association.

Bowman, R. & MacKain, S.J. (March, 1997). The role of perceived coercion in reasons for entering substance abuse treatment. Poster presented at the Governor's Institute on Drug and Alcohol Abuse. Greensboro, NC

MacKain, S.J. (March 1997). Community reintegration skills for people with a severe, persistent mental illness. Conference for North Carolina Association of Psychosocial Rehabilitation.

Smith, T., Hull, J., MacKain, S.J., Goodman, M.S., Anthony, D.T., Kentros, M. (May 1996). Skills training for engagement in aftercare: The Community Re-Entry Program. Poster presented at the Annual Meeting of the American Psychiatric Association, New York, NY.

MacKain, S.J. (November 1996). The Community Re-Entry Program: Training community engagement skills to the severely mentally ill. Poster presented at the Annual Meeting of the Association for the Advancement of Behavior Therapy, New York.

MacKain, S.J. (April 1995). Newest developments in psychosocial rehabilitation for the severely & persistently mentally ill. Annual meeting of American Association of Community Psychiatrists. Pinehurst, NC.

MacKain, S.J. (May 1994). The Community Re-Entry Program: Making a healthy transition from psychiatric hospitalization to the community. Annual Conference for the North Carolina Psychological Association. Atlantic Beach, N.C.

MacKain, S.J. (September 1993). Psychosocial rehabilitation for the seriously mentally ill. Veterans Affairs Conference of Quality Services for the Seriously Mentally Ill. Perry Point, MD.

MacKain, S.J. (March, 1993). From psychiatric hospital to the community: Easing the transition. North Carolina Conference on Psychosocial Rehabilitation. Butner, N.C.

MacKain, S.J. (April, 1991). Factors affecting adoption of an innovative mental health treatment. Annual Meeting of the Knowledge Utilization Society: Federal Programs. Bethesda, MD.

MacKain, S.J. (July 1990) Teaching community adaptation to the seriously mentally ill. Conference on Psychiatric Management Resources, San Diego, CA.

MacKain, S.J., (June, 1990). Self-management of mental illness. Annual meeting of the International

Association for Psychosocial Rehabilitation, St. Louis, MO.

MacKain, S.J., Streveler, A. (June, 1990). Skills training for schizophrenics in a secure setting. Ontario Ministry of Health Conference on Forensic Mental Health. Midland, Ontario, Canada.

MacKain, S.J. (May 1990). Factors affecting adoption of mental health innovations. American Psychiatric Association, New York, NY.

MacKain, S.J. (April 1990). A modular approach to teaching social and independent living skills to incarcerated mentally ill individuals. California Forensic Mental Health Association Annual Meeting, Asilomar, CA.

MacKain S.J. (November 1989). Adoption of innovations in mental health. National Association for Research in Schizophrenia and Depression/UCLA Clinical Research Center. Los Angeles, CA.

MacKain, S.J. (October 1989). Community based skills training for the seriously mentally ill. 41st Institute on Hospital and Community Psychiatry. Philadelphia, PA.

MacKain, S.J. (February 1989). Providing effective skills training in a state hospital. Annual Convention of State Hospitals, Ontario, CA.

MacKain S.J. (November 1988). A modular approach to teaching social and independent living skills to the seriously mentally ill. Association for the Advancement of the Advancement of Behavior Therapy Annual Meeting, New York, NY.

MacKain, S. J. (April) 1987). Gender constancy: A realistic approach. International Conference, Society for research in Child Development, Baltimore, MD.

MacKain, S. J. (May 1981). Understanding children's humor. Annual Conference in Child Development, University of Sussex, England.

### **Professional consultancies & workshops**

November 2000. Coastal Horizons Crisis Services, Wilmington, NC. Crisis theory and strategies.

June 2000. The Oaks, New Hanover Regional Medical Center, Wilmington, NC. Assuring continuity of care with psychosocial rehabilitation.

March 1999. Coastal Horizons Center, Wilmington, NC. Conducted workshop on therapeutic approaches to treating substance abusers.

March, 1999. Brown Creek Correctional Institution, Polkton, NC. Conducted workshop for area prison psychologists on psychosocial rehabilitation for severely mentally ill inmates.

December, 1998. Coastal Horizons Center, Wilmington, NC. Conducted workshop for staff of substance abuse services on administering and scoring the Addiction Severity Index.

July, 1998. Cherry Hospital, Goldsboro, NC. Conducted workshop for staff on psychiatric and psychosocial rehabilitation for people with a severe, persistent mental disorder.

December, 1997. Eastern Area Health Education Center, Greenville, NC. Conducted workshop for mental health professionals interested in psychosocial rehabilitation. Psychiatric and Psychosocial Rehabilitation for the Seriously Mentally Ill: A Modular Approach.

February, 1997. Eastern Area Health Education Center, Cherry Hospital, Goldsboro, NC. Conducted workshop for staff interested in psychosocial rehabilitation. Psychiatric and Psychosocial Rehabilitation for the Seriously Mentally Ill: A Modular Approach.

June 1995. New York Hospital/Cornell Medical Center, White Plains, NY. Provided 2-day consultation to plan research on effects of an intensive psychosocial rehabilitation program for consumers of psychiatric inpatient and outpatient services.

April 1995. Veterans Affairs Medical Center, Mountain Home, TN. Conducted two-day workshop for mental health professionals, A Psychiatric Rehabilitation for the severely, persistently mentally ill: A modular approach@.

November, 1994. New York Hospital, Cornell Medical Center, White Plains NY. Provided one-day follow-up consultation to rehabilitation program staff to support training in psychosocial rehabilitation program for patients with schizophrenia.

July 1994. Cherry Hospital, Goldsboro, NC. Provided one-day follow-up consultation to rehabilitation program staff to support training in psychosocial rehabilitation for patients with schizophrenia.

June 1994. Gaston-Lincoln Mental Health/ Developmental Disabilities, Gastonia, NC. Provided two-day workshop for staff working with mentally retarded and mentally ill adults. Training social and independent living skills@.

May 1994. Eastern Area Health Education Center, Cherry Hospital, Goldsboro, NC. Conducted two-day workshop and one-day follow-up consultation for staff interested in psychosocial rehabilitation. A Psychiatric and Psychosocial Rehabilitation for the Seriously Mentally Ill@.

September 1993. Veteran=s Affairs Medical Center, Salem, VA. Conducted two-day workshop for mental health professionals, ASocial and Independent Living Skills for the Seriously Mentally Ill@.

August 1993. Stockholm University, Sodertalje, Sweden. Conducted one-day workshop for mental health professionals on case management of seriously mentally ill.

May 1993. Mountain Area Health Education Center, Asheville, NC. Conducted two-day workshop for mental health professionals. A Psychiatric rehabilitation for the severely, persistently mentally ill: A modular approach.@

June 1992. North Carolina Department of Correction, Burgaw, NC. Workshop to train mental health staff

and correctional officers to conduct skills training with mentally retarded and mentally ill inmates.

June, 1992. South Carolina State Hospital, Columbia, SC. With colleagues from UCLA, follow-up assessment of institutional needs in the area of clinical services for the seriously mentally ill.

April, 1992. Tri-county Mental Health Center, Salisbury, NC. Conducted two-day workshop, ASkills training for the seriously and persistently mentally ill in the community.@

April 1992. Veteran=s Administration Medical Center, Knoxville, IO. Conducted three-day workshop to assist staff in implementing a psychosocial rehabilitation program for psychiatric inpatients and outpatients, APsychiatric Rehabilitation for the Seriously Mentally Ill: active, directive teaching techniques@.

March, 1992. Broughton State Hospital, Morganton, NC. Presentation and psychosocial rehabilitation program development consultation.

October, 1991. Broughton State Hospital, Morganton, NC. Presentation and intensive three-day workshop and program development consultation, APsychosocial rehabilitation for the seriously mentally ill@.

October, 1991. South Carolina State Hospital, Columbia, SC. With colleagues from UCLA, intensive three-day workshop, AExemplary Services for the Seriously Mentally Ill: A Modular Approach to Skills Training@.

September, 1991. Veteran=s Administration Medical Center, Sheridan, WY. Conducted an intensive, two-day workshop to assist staff in implementing a psychosocial rehabilitation program for psychiatric patients APsychiatric Rehabilitation for the Seriously Mentally Ill@.

June, 1991. South Carolina State Hospital, Columbia, SC. With colleagues from UCLA, conducted an assessment of institutional needs in the area of clinical services for the seriously mentally ill and provide in-service training in psychosocial rehabilitation.

July, 1990. San Diego County Department of Mental Health, San Diego, CA. Conducted two-day workshop, AActive directive teaching techniques with the seriously mentally ill@.

June 1990. Oak Ridge Correctional facility, Ontario Ministry of Health, Penetanguishene, Ontario, Canada; Conducted one-day, on-site workshop, ASocial & Independent Living Skills in a Secure Setting.@

June, 1990. Dorthea Dix State Hospital, Raleigh, NC; With colleagues from UCLA, conducted a three-day, on site workshop, ATeaching social and independent living skills in transition to the community@.

June 1990. California Medical Facility Prison, Vacaville, CA. Conducted a two day, on-site consultation, ATraining trainers for psychosocial rehabilitation in a setting@.

May 1990. Atascadero State Hospital, Atascadero, CA. One day, on site consultation, AImproving

psychosocial rehabilitation services to the mentally ill offender@.

April 1990. San Diego County Mental Health Services, San Diego, CA. Two-day consultation for employees, AFostering independence and skill development in the seriously mentally ill@.

October 1989. Oregon State Mental Health Services, Portland, OR; Conducted a two-day workshop, ASkills training for the seriously mentally ill@.

October 1989. Big Spring State Hospital. Texas State Department of Mental Health, Big Spring TX. Conducted a three day workshop for staff, AActive teaching techniques for people with schizophrenia@.

June 1989. Kentucky State Department of Mental Health, Louisville, KY. Led two-day training workshop on skills training and assisted with program development for psychosocial rehabilitation.

January 1989. Vacaville State Prison (California Medical Facility), Vacaville, CA. Led three day workshop for staff of mental health units, AIntensive skills training for mentally ill inmates@.

February 1988. Metropolitan State Hospital, Los Angeles, CA. Co-led three-day workshop to train State Hospital employees in psychiatric rehabilitation methods, AA structured approach to teaching community living skills@.

October 1987 and September 1988. Camarillo State Hospital, Camarillo, CA. Trained State Hospital Staff in psychiatric rehabilitation methods, AUsing the Social Independent Living Skills Modules@.

October 1987 & April 1988. Los Angeles County Department of Mental Health, Los Angeles, CA. Co-led workshop for county mental health employees in the use of psychosocial rehabilitation techniques, ASkills Training for Increasing Community Tenure@.

### **Awards**

Chancellors Award for Outstanding Teaching 1994.