

Psy 320  
Exam 1 Study Guide  
Fall 2009

Questions on the exam will require you to apply your knowledge and to recognize examples of concepts, so it is important that you understand the material and do not simply memorize definitions without comprehension.

You are responsible for all material presented in class. Use the textbook to clarify your understanding of this material and as a source of additional examples. However, exam questions on material covered in class will be based on your class notes, not on additional information on these topics from the textbook.

I have indicated below the sections in the textbook that were NOT covered in class and for which you are responsible; this material includes the chapter on prenatal development and the newborn period that was posted on the course website. Focus on the key (bold) terms presented and the main points of each section. The questions on textbook material will focus on broad themes or findings and key terms rather than very specific details. If a section of the textbook is not listed below you are NOT responsible for it, even if the material was not discussed in class either.

You are also responsible for the two articles indicated on the syllabus (Children of the Garden Island and the article on prenatal cocaine exposure). For the articles, see the guidelines below. (For the article on media exposure and children's language development, you are only responsible for the material covered in class during the activity—i.e., the answers to the questions.)

No more than 20% of the exam questions will be based on material presented only in the textbook or the articles. The remaining 80% of the exam questions will be based on lecture material.

The first set of page numbers refers to the 6<sup>th</sup> (newest edition) of the textbook. The second set of page numbers refers to the 5<sup>th</sup> edition of the textbook.

### Chapter 1

Social-Personality Development in Historical Perspective (pp. 6-8 or 6-9, not including The Role of Theory in the Scientific Enterprise)

Gathering Data: Basic Fact-finding Strategies (pp. 15-16 or p. 16, not including Self-Report Methodologies). Know the material on reliability and validity (including the different types of reliability).

Postscript: On Becoming a Wise Consumer of Developmental Research (34-35 or 32-34)

Article: Children of the Garden Island (posted on course website)

Know what type of general research design (experimental or correlational) was used and whether a developmental design was used (and if so, whether it was a longitudinal or cross-sectional design). The author refers to two general "trends" in the findings. Know what the two "trends" are--see p. 108 (starting with the 2nd paragraph, last column) and p.108D (top of first column). The researchers also identified a group of "vulnerable" children--what factors did they use to classify children as "vulnerable"? In the group of vulnerable children, what factors were related to positive adjustment?

Prenatal Development and the Newborn Period (chapter posted on course website)

Fetal Experience and Fetal Learning (55-59)

Maternal Factors: Age, Nutrition, and Maternal Emotional State (not including Disease) (65-67)

Sleep (70-72)

Crying (72-74)

Negative Outcomes at Birth (74-79)

Article: Prenatal Cocaine Exposure (posted on course website)

You are responsible for the material from this article that was discussed in class. In addition, know who was included in the sample and what criteria had to be met for inclusion--see 1st paragraph under "Participants" on p. 1284. Know the two basic methods used to measure maternal drug use. Finally, know the three general domains of development that were assessed in the children at age 2 (see "Outcome measures" in the second column of p. 1286, (a)-(c)).

Chapter 4

Learning to Regulate Emotions (118-123 or 115-120). Note: We might be able to cover this material in class, but unless announced otherwise you are responsible for this section. Emotional Competence, Social Competence, and Personal Adjustment (123-125 or 120-122, not including Temperament and Development)