

B. A. Athletic Training
 University of North Carolina Wilmington
 Dept. of Health and Applied Human Sciences
 College of Arts & Sciences

Name: _____				CATALOGUE Year _____
	<u>Sem. & Yr.</u>	<u>Gr.</u>	<u>Hrs.</u>	<u>Sem. & Yr.</u>
BASIC STUDIES: (45 semester hours)				ORAL COMMUNICATION
A. ENG 101	_____	_____	_____	ATR 306
ENG 201	_____	_____	_____	
or	_____	_____	_____	
ENG 103	_____	_____	_____	
B. PED 101	_____	_____	_____	
C. Humanities (12-18 hours)				<u>CORE</u>
Lit _____	_____	_____	_____	BIO 201
HST _____	_____	_____	_____	HEA 201
P&R _____	_____	_____	_____	ATR 210
Lang _____	_____	_____	_____	PSY 105
D. Fine Arts (3-9 hours)				*PED 216
				PED 217
E. Natural & Math Sciences (10-16 hours)				PED 266
Mathematics (3-8 hours)				*ATR 211
_____	_____	_____	_____	ATR 300
_____	_____	_____	_____	*ATR 302
Natural Sciences (7-12 hours)				*ATR 303
*+PED 216	_____	_____	_____	*ATR 304
Physical Sciences	_____	_____	_____	*ATR 305
F. Social and Behavioral Sciences (6-12 hours)				ATR 306
PSY 105	_____	_____	_____	ATR 307
_____	_____	_____	_____	PED 340
_____	_____	_____	_____	PED 349
				ATR 445
				ATR 448
				ATR 449
				ATR 450
				HEA 465
				ATR 490
				<u>Total</u>
				75

SUGGESTED ELECTIVES** (12 hrs)

HEA 105	HEA 234
HEA 245	HEA 301
HEA 305	HEA 452

Students need to inform their advisor that they are interested in pursuing athletic training as a major and will be advised regarding the Pre-Athletic Training requirements.

Admission to this major requires completion of the following courses with a Grade of "C-" or better in BIO 201, PSY 105, HEA 201, ATR 210, and PED 216. Students must have a C- or better grade in all required athletic training courses.

*These courses require a lab

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Core Requirements:

Course Prefixes	Credit Hr.	Course Description
HEA 201	(3)	First Aid, Safety and CPR
ATR 210	(3)	Introduction to Athletic Training
ATR 211	(3)	Care and Prevention of Athletic Injuries and Lab
PED 216	(4)	Human Anatomy and Physiology
PED 217	(3)	Human Anatomy and Physiology II
PED 266	(3)	Applications of Computers in physical Education and Health (computer comp.)
ATR 300	(1 - 6)	Seminar with Allied Health Care Professionals
ATR 302	(3)	Therapeutic Modalities in Athletic Training and Lab
ATR 303	(3)	Therapeutic Rehabilitation in Athletic Training and Lab
ATR 304	(3)	Evaluation of Athletic Injuries I and Lab
ATR 305	(3)	Evaluation of Athletic Injuries II and Lab
ATR 306	(3)	Clinical I in Athletic Training (fulfill oral com.)
ATR 307	(3)	Clinical II in Athletic Training
PED 340	(3)	Biomechanics
PED 349	(4)	Physiology of Exercise and Sport
ATR 445	(3)	Organization in Administration in Athletic Training
ATR 448	(3)	Clinical III in Athletic Training
ATR 449	(3)	Clinical IV in Athletic Training
ATR 450	(3)	Pharmacology for Health Sciences
HEA 465	(3)	Exercise Performance and Nutrition
ATR 490	(3)	Clinical V in Athletic Training

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First Year 31 Semester Hours

Fall (16)

English Composition (3)
BIO 201, Principles of Biology (4)
Social and Behavioral (3)
Math (3)
Physical Science (3)

Spring (15)

PSY 105, Introduction to Psychology (3)
ATR 210, Introduction to Athletic Training (3)
PED 216, Human Anatomy and Physiology (4)
HEA 201, First Aid, Safety and CPR (3)
PED 101, Foundations of Physical Activity (2)

Second Year 32 Semester Hours

Fall (16)

PED 217, Human Anatomy and Physiology (3)
ATR 211, Care and Prevention of Athletic Injuries and Lab (3)
Philosophy (3)
English Composition (3)
Literature (3)
ATR 300 Seminar with Allied Health Care Professionals (1)

Spring (16)

History (3)
ATR 304, Evaluation of Athletic Injuries I and Lab (3)
PED 266, Application of Computers (3)
ATR 306, Clinical I in Athletic Training (3)
ATR 302, Therapeutic Modalities and Lab (3)
ATR 300 Seminar with Allied Health Care Professionals (1)

Third Year 33 Semester Hours

Fall (17)

ATR 307, Clinical II in Athletic training (3)
ATR 303, Therapeutic Rehabilitation in Athletic Training and Lab (3)
ATR 300 Seminar with Allied Health Care Professionals (1)
ATR 305, Evaluation of Athletic Injuries II and Lab (3)
PED 349, Physiology of Exercise and Sport (4)
Approved Electives (3)

Spring (16)

Foreign Language (3)
PED 340, Biomechanics (3)
Fine Arts (3)
ATR 448, Clinical III in Athletic Training (3)
ATR 300 Seminar with Allied Health Care Professionals (1)
Approved Electives (3)

Fourth Year 26 Semester Hours

Fall (13)

ATR 445, Org and Admin in AT (3)
ATR 449, Clinical IV in Athletic Training (3)
ATR 300 Seminar with Allied Health Care Professionals (1)
ATR 450 Pharmacology for Health Sciences (3)
Approved Electives (3)

Spring (13)

ATR 300 Seminar with Allied Health Care Professionals (1)
HEA 465, Exercise, Performance & Nutrition (3)
PED 460, Sport and Exercise Psychology (3)
ATR 490, Clinical V in Athletic Training (3)
Approved Electives (3)